SMOKING CESSATION

Quit For Life Program

1-866-QUIT-4-LIFE (1-866-784-8454)

www.quitnow.net

Saving a Million Hearts in Lane County

The Lane County Million Hearts Population Health Campaign is a part of a national initiative to prevent 1 million heart attacks and strokes by 2017. Million Hearts® brings together communities, health systems, nonprofit organizations, county agencies, and private-sector partners from across the country to fight heart disease and stroke.

To find out how you can join this initiative contact the ***Trillium Community Health Plan Million Hearts Team, listed below*** or

hearts@trilliumchp.com

www.trilliumchp.com/amillionhearts.php

This information is available for free in other languages.
Please call us at 541-431-1950, Toll free at 1-800-910-3906
or TTY 1-866-279-9750.
Trillium Community Health Plan is available to answer your call directly during the following times:

October 1st through February 14th from 8 a.m. to 8 p.m., Monday through Sunday and February 15th through September 30th from 8 a.m. to 8 p.m., Monday through Friday (except on holidays). Our automated system is available anytime for self-service options, including after hours, weekends, and holidays.

This material was prepared by Acumentra Health, Oregon's Medicare Quality Improvement Organization, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy.
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Trillium Community Health Plan® is an HMO and a PPO plan with a Medicare contract. Enrollment in Trillium Community Health Plan depends on contract renewal.

Quality Improvement Organizations
Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES

Acumentra HEALTH

COMMUNITY RESOURCES

Million Hearts Medicare Population Health Campaign for Lane County

Million Hearts™

Trillium Community Health Plan®
It's beautiful what we cover

COMMUNITY RESOURCES

American Cancer Society, Eugene
2350 Oakmont Way, Suite 200, Eugene
541-484-2211

Center for Family Development
1258 and 1234 High St, Eugene
541-342-8437

Campbell Community Center
Senior Center, 155 High St, Eugene
541-682-5318

Emergency Addiction and Behavioral Therapies
1461 Oak St, Eugene
541-344-2237
1485 Market St, Springfield
541-746-4041
84 Centennial Loop, Eugene
541-741-7107

Lane County Public Health Services
135 E 6th Ave, Eugene
541-682-4041

Lane County Family Resource Centers
541-682-3817

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Approved 02/20/2014

McKenzie Family Resource Center
51187 Blue River Dr, Finn Rock
541-822-1108

Nicotine Anonymous
Resurrection Church
3925 Hilyard St, Eugene
541-344-6394

Oregon Research Institute
1715 Franklin Blvd, Eugene
541-484-2123

Sacred Heart Medical Center
Oregon Heart & Vascular Institute (OHVC)
3311 Riverbend Dr, Springfield
OHVC Caring Hearts
541-222-7216
OHVC Better Breathers Club
541-222-7442
OHVC Options Tobacco Cessation
541-222-7442

White Bird
341 E 12th Ave, Eugene
541-342-8255

NUTRITION RESOURCES

Cascade Health Solutions
2650 Suzanne Way, Suite 160
Eugene 541-228-3020

Food for Lane County
770 Bailey Hill Rd, Eugene
541-343-2822

Lane County Supplemental Nutrition Assistance Program (SNAP)1015 Willamette Street
541-682-4038

OSU Lane County Extension Service, Nutrition Education Program
950 W 13th Ave, Eugene
541-344-0249

Overeaters Anonymous
PO Box 1343, Eugene
oaeugene.org

Senior Meals Program, Lane County
541-682-4038

Seventh Day Adventist Church and Health Classes
1275 Polk St, Eugene
541-683-4169

Take Off Pounds Sensibly
541-689-5316

Willamette Farm & Food Coalition
150 Shelton Blvd, Eugene
541-341-1216

Women, Infants and Children, Lane County
1900 W 7th Ave, Eugene
541-682-4202

RECREATIONAL RESOURCES

Aquatics Program
Amazon Pool
2600 Hilyard, Eugene
541-682-5350
Echo Hollow Pool
1655 Echo Hollow Rd, Eugene
541-682-5525
Sheldon Pool
2443 Willakenzie Rd, Eugene
541-682-5314

Boys and Girls Club of Western Lane County (Florence) 541-997-8454

Emerald Kidsports
2190 Polk St, Eugene
(541) 683-2374

Emerald Valley Track Club (Youth)
541-868-1689

Eugene Family YMCA
2055 Patterson St, Eugene
541-686-9622

Eugene Recreation Services
100 W 10th Ave, Eugene
541-682-5333

Florence Youth Soccer
1-800-872-0222

Florence City Parks
541-997-4106

Outdoor Program
River House Community Center
301 N Adams St, Eugene
541-682-5329

River Road Park District
1400 Lake Dr, Eugene
541-688-4052

Territorial Sports Program
PO Box 117, Veneta
541-935-4943

Willamalane Park and Rec District
Willamalane Center
541-736-4544
Adult Activity Center
541-736-4444

Veneta Community Pool
25190 E Broadway
541-935-4390